

# GUEST SPEAKER @ GBG PROF. MARDIE TOWNSEND

Friends of Geelong Botanic Gardens



## **‘THE BENEFITS of CONTACT with NATURE for MENTAL HEALTH and WELL BEING’**

**Monday 29 May, 5.30 pm for a 6.00 pm start**

Associate Professor Mardi Townsend will give an illustrated talk on the therapeutic value of gardens, nature and her extensive experience in this field. A light supper will be provided. Located in the meeting room at the rear of the Gardens.

**\$5 members or \$10 non-members  
RSVP by Thursday 25 May 2017**



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